

CURRICULUM VITAE

Dr.M.GOPINATH

Deputy Director

Department of Physical Education

UCE – BIT Campus, Tiruchirappalli 620 024

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➤ **Research Area:**

Ph.D : Developing Multimedia Courseware in Teaching Kinesology for Physical Education Major

➤ **Educational Qualifications:**

Degree	Branch	University / Board	Year of Passing	Marks / CGPA	Class
P.G.Diploma in Yoga	Yoga	Annamalai University, Chidambaram	May 2011	269 / 400	I
Doctor of Philosophy	Physical Education	H.H.The Raja's College, Pudukkottai, Bharathidasan University, Trichy.	February 2009	-	-
Master of Philosophy	Physical Education	Annamalai University, Chidambaram	February 2002	305 / 500	I
Master of Physical Education	Physical Education	Sivanthi Adithanar College of Physical Education, Manonmanium Sundaranar University, Tirunelveli	April 1996	1794 / 2800	I
NIS (C) Certificate in Coaching	Basketball	Sports Authority of India, National Institute of Sports, Patiala.	May – June 1995	A Grade - 70%	I
Bachelor of Arts	History	Loyola College, University of Madras, Chennai	November 1993		III

Experience: (chronological order)

Name & address of the Institution/ Organization	Post held	Scale of Pay /Pay Band	Period of service		Duration		
			From	To	Y	M	D
Anna University, University College of Engineering, BIT Campus, , Tiruchirappalli – 24.	Deputy Director of Physical Education	37400-67000 + 9000	09.02.2013	Till date	10	3	29
Anna University of Technology, Tiruchirappalli, Tiruchirappalli – 24.	Deputy Director of Physical Education	15600-39100 +8000	01.01.2012	08.02.2013	1	1	07
Anna University Tiruchirappalli, Tiruchirappalli – 24.	Deputy Director of Physical Education	15600-39100 +8000	09.02.2010	30.12.2011	1	10	20
Total					13		

➤ **Additional / Academic Responsibilities at University:**

- ❖ Responsibility of Executive Warden, UCE – BIT Campus Hostels from 10th July 2014 to 05th June 2023.
- ❖ Anti Ragging committee Vice Chairman 2014 to 2022.
- ❖ NBA Core committee member for the year 2014-15
- ❖ TANCET Additional Chief superintendent 2014 onwards
- ❖ Guest house in-charge 2014-2018
- ❖ Convocation Committee member 2010 onwards
- ❖ Appointed as Chief Invigilator for Tamilnadu Public Service Commission (TNPSC Group – IV), Examinations on 24.07.2022.
- ❖ Coordinator (Students welfare activity) from 05.06.2023 till date.
- ❖ Vigilance Squad Committee - Member – UCE BIT, campus
- ❖ Executive Committee – Member Anna University Sports Board, Chennai

➤ **Membership of Scientific and Professional Societies:**

Doctoral Committee member

Sl. No	Research Advisor / Convener	Research candidate	Title
1	Dr.A.Mahaboobjan, Professor & Head	Mr.T.R.Rajith	Doctoral Committee member letter dated: 11.01.2016 at Bharathidasan University, Trichy.
2	Dr.A.Mahaboobjan, Professor Bharathidasan University, Trichy	Mrs.P.Punitha	Doctoral Committee member letter dated: 07.09.2016 at Bharathidasan University, Trichy.
3	Dr.A.Mahaboobjan, Professor & Head Bharathidasan University, Trichy	Mrs.S.Vijayalakshmi	Doctoral Committee member letter dated: 07.04.2017 at Bharathidasan University, Trichy.
4	Dr.R.Kalidasan Asst.Professor Bharathidasan University, Trichy	Mr.N.Bakkiyaraj	Doctoral Committee member letter dated: 13.06.2017 at Bharathidasan University, Trichy.
5	Dr.R.Kalidasan Asst.Professor Bharathidasan University, Trichy	Mr.Parthiban	Doctoral Committee member letter dated: 05.09.2017 at Bharathidasan University, Trichy.
6	Dr.A.Mahaboobjan, Professor Bharathidasan University, Trichy	Mr.M.Anandhan	Doctoral Committee member letter dated: 08.02.2018 at Bharathidasan University, Trichy.
7	Dr.A.Mahaboobjan, Professor Bharathidasan University, Trichy	Ms.V.Sowmiya	Doctoral Committee member letter dated: 18.02.2019 at Bharathidasan University, Trichy.
8	Dr.R.Kalidasan Asst.Professor Bharathidasan University, Trichy	Mr.A.Rajasekaran	Doctoral Committee member letter dated: 11.07.2019 at Bharathidasan University, Trichy.

➤ **Fellowships and Grants received:**

NIL

Completed PG/UG Projects:

- Number of PG Projects Completed: Nil
- Number of UG Project Completed: Nil

➤ **Research Guidance (M.S/Ph.D.) (Completed):**

Sl. No	Name of the scholar	Title of the thesis	Year of registration	Date of viva voce
1.	Nil			

➤ **Research Guidance (M.S/Ph.D.) (Ongoing):**

Sl. No	Name of the scholar	Tentative Title of the thesis	Year of registration	Status
1.	Nil			

➤ **Publications:**

a. Books / book chapters:

a. Completed Refresher / Research Methodology Course/ workshop

Sl. No	Name of Course	Place	Duration	Sponsoring Agency
1	Refresher Course in Physical Education and Yoga – Batch V	University of Madras, Chennai	23.11.2012 to 13.12.2012	UGC Sponsored Refresher Course
2	Residential Workshop on Application of ICT for Teaching Gen Y Students	The Saaral Resort, Courtallam, Tamilnadu	09.10.2014 to 11.10.2014	Society for Educational and Entrepreneurship Development, Chennai
3	National Workshop on “Trends and Technologies in Sports	Dr.Sivanthi Aditanar College of Engineering, Tiruchendur	03.06.2015	Dr.Sivanthi Aditanar College of Engineering, Tiruchendur
4	National Workshop on “One-Day UGC Sponsored National Workshop on Sports Biomechanics”	Department of Physical Education, Bharathidasan University, Tiruchirappalli	19 th December 2016	Bharathidasan University, Tiruchirappalli
5	TNBA Training programme Coaches clinic	Jawaharlal Nehru Stadium, Chennai	16.08.2018 to 20.08.2018	Tamilnadu Basketball Association, Chennai
6	National Workshop on “One-day National Workshop on Tennis and Racketlon”	Department of Physical Education and Yoga, Bharathidasan University, Tiruchirappalli	23 rd March 2019	Bharathidasan University, Tiruchirappalli
7	National Workshop on “Movement Therapy (Stretching and Aerobics)”	Manonmaniam Sundaranar University, Tirunelveli.	29.08.2019	(An MHRD Project, Govt.of India) at Manonmaniam Sundaranar University, Tirunelveli.
8	National Workshop on “One day “Science of Yoga”	Manonmaniam Sundaranar University, Tirunelveli.	14.09.2019	(An MHRD Project, Govt.of India) held at Manonmaniam Sundaranar University, Tirunelveli.

➤ Training Teaching-Learning – Evaluation Technology Programme / Faculty Development Programme

Sl. No	Name of Course	Place	Duration	Sponsoring Agency
1	FDP – New Perspectives In Drug Discovery and Progressive Technological Developments (NPDPTD-2015)	Anna University, BIT Campus, Tiruchirappalli	04 th May to 17 th May 2015	Teqip II Sponsored Two Weeks Faculty Development Programme
2	FDP – Advanced Technologies for Social Applications (ATSA'16)	Anna University, BIT Campus, Tiruchirappalli	06.06.2016 to 19.06.2016	Teqip II Sponsored Two weeks Faculty Development Programme

Publications National and International Journals

Sl. No.	Name of the Journal	Title of the paper	Month & Year of Publication	Volume Pages From – To	Impact Factor
1	Physical Education & Sports Research Journal (International journals),	Influence of Strength Training on Selected Speed and Strength Parameters Among Basketball players	Sept. – 2014.	Vol.III Issue: IX p.1-6.	ISSN-2277 – 3665, 1.3265
2	International Journal of recent research and applied studies ,	Performance analysis of hockey champion trophy tournament 32014	May 2015	-	ISSN-2349-4891
3	Asian Journal of multidisciplinary Research (AJMR) 2015:	Effects of slow and brisk walking on selected coronary heart disease of professional college men students	2015	Vol.01,issue -01,pp-05-09	ISSN-2395-1702 ISSN-2395-0382
4	Articles of International on honing Managerial Skills in Sports.	Development and Evaluation of Multimedia Course were in Bone Articulations for Physical Education major	-	-	ISBN: 9788190835237.
5	Doping and sports- invigoration, prerequisites and misapprehensions	Analysis of mental toughness among sub elite field hockey players	-	-	ISBN: 9788190918961
6	International journal of Scientific research	An impact of ladder training skill training of speed performance of Anna University women Basketball players	September 2017	Vol-6 issue 9,	ISSN: 2277 – 8179 4.176
7	International journal of Scientific research	Isolated and combined effects of Aerobic and circuit training on Leg explosive power, Engineering College Player	July 2018	Vol.7 issue 7	ISSN: 2277 – 8179 IF: 4.758 IC Value 9.98

8	Indian Journal of Applied Research	Effects of Intermittent training continuous running training and combined training on the eye – hand coordination among Anna University Basketball players	-	Vol.8 issue 7	ISSN:2249 – 555X IF: 5.397 IC Value 86.18
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National / International Conferences organized / Participated:

- ❖ Presented a paper on the topic “Effect of Select Resistive Exercises on speed and Explosive power of Basketball players organized by the Department of Department of Physical Education and sports and science held at Dr.Sivanthi Aditanar College of Physical Education, Tiruchendur from 17th to 19th December 2004.
- ❖ Presented the paper “Effect of Varied velocity Resistance Training followed by speed training on selected speed & Strength parameters” held at Lakshmibai National Institute of Physical Education (Deemed University), Gwalior (M.P.), India on March 10 to 12.03.2005.
- ❖ Participated in the “National Seminar on Olympic Movement, Organized by participants of the Solidarity Course in Management for Sports Administrators accredited by Solidarity Department of International Olympic Committee on 12th and 13th March 2005.
- ❖ Presented a paper on “Effect of jump rope training on speed, power Agility, Flexibility and Balance among College Students organized by the Department of Department of Physical Education and Sports Sciences, Annamalai University, Annamalainagar on 10th & 11th March 2006.
- ❖ Participated in the “National Seminar on Multi dimensional Approach for excellence in Sports: Talent Identification held at Ramakrishna Mission Vidyalaya Maruthi College of Physical Education on 28.03.2006 to 30.03.2006.
- ❖ Participated as delegate in the “Pre World Military Games Scientific conference held at Hyderabad, India on 12th & 13th October, 2007.
- ❖ National Conference on “Sports Medicine 2007 in New Delhi during 16-18 November 2007 as **DELEGATE**
- ❖ Participated in the International Workshop on Advance scientific training in Football held at Jawaharlal Nehru Stadium, Chennai on 12th and 13th March 2009.
- ❖ Presented a Paper entitled “Comparison effect of fatlike and continuous training on selected Physical and Physiological variables for long Distance runners. Organized by Department of Physical Education, Sports and the Art of Well-being on 20th March 2009.
- ❖ Presented a Paper entitled “How to Drop weight and become healthier Organized by the Department of Physical Education, Bharathidasan University, Tiruchirappalli on 21st March 2009.
- ❖ Participated as a Delegate in the Workshop organized by the YMCA College of Physical Education in association with Tamilnadu State Council for Higher Education (**TANSCHÉ**). Workshop on latest changes & New rules in Sports & Game from 25th & 26th August 2009.
- ❖ National Seminar on “Role of Modern Training in Physical Education and Sports” organized by the Department of Department of Physical Education and Sports, University of Madras, Chennai – 600 031 from 19.03.2010 to 20.03.2010.

- ❖ Presented research paper entitled “Training outcomes of upper and lower body explosive training on selected strength and power parameters of basketball players organized by the Department of Department of Physical Education and Sports, University of Madras, Chennai - 31 from 19.03.2010 to 20.03.2010.
- ❖ Participated in the “National Workshop on Role of Physical Education and Sports Coaching for the promotion of Competitive Sports held at EVK Sampath Maaligai, Chennai on 26th March 2010.
- ❖ National Seminar on “Social aspects of Sports in Indian Context held at Jawaharlal Nehru Stadium, Chennai on 12th March 2010. Paper Entitled “Effect of Interval Training on selected speed and endurance parameters of Football players.
- ❖ Title of the Paper “Modern Explosive Strength Training for football players organized by the Department of Department of Physical Education, Bharathidasan University, Coimbatore on 9th and 10th April 2010.
- ❖ Title of Paper “An Impact of Yoga practices on shooting accuracy of football players organized by the Department of Department of Physical Education and Health Science, Alagappa University on 29th October 2010.
- ❖ National Seminar on “Prospective Approaches and Application in Sports Science at the M.D.T.Hindu College, Tirunelveli, Tamilnadu on 4th February 2011.
- ❖ UGC Sponsored One-Day National Conference on The Felicitous Intertwined Trio of Physical Activities, Wellness and Sports organized by the Department of Department of Physical Education on 5th February 2011 and presented a paper titled Sports Nutrition for Training & Competition.
- ❖ Participated in the “National Workshop on Association of Indian Universities Sports Organization” organized by the Department of Department of Physical Education and Sports, University of Madras, Chennai – 600 031 on 25th and 26th March 2011.
- ❖ National Seminar on “Training Prescription and Functional responses on different population organized by the Department of Department of Physical Education and Sports Sciences, Annamalai University, Annamalainagar on 28th & 29th March 2011.
- ❖ Presented a paper on Effect of Varied methods of Resistance Training on selected Physical Fitness Components of Engineering College male on 11th and 12th August 2011.
- ❖ National Workshop on “Statistical Software Applications in Physical Education and Sports Science Research” organized by the Department of Department of Physical Education, Bharathidasan University, Tiruchirappalli from 18th & 19th March 2012.
- ❖ Presented a paper entitled “The Effect of Cross Trainer Practice on percentage of Body fat among Anna University Trichy girls” Department of Physical Education, H.H. The Rajah’s College (Autonomous), Pudukkottai on 23.02.2013.
- ❖ National Seminar on “Yoga and Sports: An integral discipline for modern life” organized by the Department of Department of Physical Education and Sports, University of Madras, Chennai on 22.03.2013.
- ❖ Delegate in the National Conference on Physical Activities, Sports, Fitness and Dietetics – The Elixir Quartet of Health organized by the Research Department of Physical Education on 15th February 2014 and “Presented a Paper titled Kalarippayattu – Indian System of Physical Exercise”
- ❖ Influence of strength training on selected speed and Strength parameters among basket ball players on August 2014.

- ❖ National Conference on “Role of Sports sciences and modern technology for enhancing sports performance” on 06.02.15 & 07.02.15
- ❖ National Journal on “Effect of slow and brisk walking on selected coronary heart disease of professional college men students – E-ISSN 2395-1702 P-ISSN:2395-0382, Volume 01 – Issue 01-, pp-05-09 on April 2015.
- ❖ National Workshop on “One-Day UGC Sponsored National Workshop on Sports Biomechanics” organized by the Department of Physical Education, Bharathidasan University, Tiruchirappalli on 19th December 2016.
- ❖ National Workshop on “One-day National Workshop on Tennis and Racketlon” on 23rd March 2019 organized by the Department of Physical Education and Yoga, Bharathidasan University, Tiruchirappalli.
- ❖ National Workshop on “Movement Therapy (Stretching and Aerobics)” on 29.08.2019 (An MHRD Project, Govt.of India) at Manonmaniam Sundaranar University, Tirunelveli.
- ❖ National Workshop on “One day National Workshop on “Science of Yoga” on 14.09.2019 (An MHRD Project, Govt.of India) held at Manonmaniam Sundaranar University, Tirunelveli.
- ❖ National Webinar on “Rules and Interpretations of Track events, organized by Department of Physical Education, Kongu Arts and Science College, Coimbatore 11.05.2020.
- ❖ National Webinar on “Importance of Sleep During Pandemic Lockdown at Repose Mattress Pvt.Ltd, Coimbatore on 02.06.2020.
- ❖ National Journal on Publication the paper on entitled “Effect of Continuous Training and Interval Training Exercises on Selected Physical Variables of College Basketball Players Men” on January 2021 held at BIT Campus, Anna University, Trichy.
- ❖ Acted as Chairperson and presented the National Conference on SPORTS SCIENCE A MULTI-DISCIPLINARY APPROACH TO ENHANCE SPORTS PERFORMANCE organized by Ramakrishna Mission Vivekananda Educational and Research Institute, Faculty of General & Adapted Physical Education and Yoga on 27.02.2023 & 28.02.2023.

List of International Seminar and Conference

- ❖ Presented a Paper entitled “Effect of Computer Assistance in teaching kinesiology for Physical Education major” on August 16th 2007 to 18.08.2007 held at Kanyakumari.
- ❖ Presented a Paper entitled “Influence of Volume and Intensity of Resistance training on selected Bio-motor Variables. In the International Conference and Exhibition on Sports Technology held at VIT University during March 26-27, 2008.
- ❖ Presented a Paper entitled “ Development and evaluation of multimedia courseware in Bone Articulations for Physical Education Major participated in the UGC Sponsored International Conference on Honing managerial skills in Sports held at Kanyakumari during August 20-22, 2009.
- ❖ Presented a paper entitled “Quantitative Analysis of Global Literature on the Game of Basketball in Sport Sciences” organized by The Department of Library and Information Science, Faculty of Social sciences, University of Kelaniya, Sri Lanka from 21.10.2016 to 23.10.2016
- ❖ Inter National Conference on Challenges and Strategies A Mark win Tokyo Olympics 2020 organised by YMCA College of Physical Education on 10th July 2021.
- ❖ International Webinar on “High Performance in Sports organized by Department of Physical Education, Sacred Heart College, Tirupattur on 13.06.2020
- ❖ International Webinar on Game of Basketball and Familiarizing Rules organized by Department of Physical Education IQAC, Rajapalayam, Raju’s College, Rajapalayam on 12.06.2020
- ❖ International Webinar on Role of Sports in building Successful Career organized by Thoothukudi district Hockey Association with Pothigai Sports and Skill development organization on 18.05.2020 & 19.05.2020.

(A) Chairperson for conferences / Seminar / Technical symposia: 3

(B) Guest lectures delivered: 12.

DECLARATION:

I certify that the information furnished above is correct and true to the best of my knowledge and belief.

Signature of the staff member

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