

COUNSELLING AND GUIDANCE CELL

University College of Engineering, Bharathidasan Institute of Technology Campus Anna University, Tiruchirappalli, Anna University, Chennai, has provision for improving the academic performance of weak Students through Equity Action Plan. It focuses on student-centered strategies to improve their performance through the appointment of active mentors/counselors in guiding the student, putting the student in touch with the appropriate assistance, and so on. Counseling is a type of applied psychology that can be used to help people to gain control of their feelings. This type of psychology focuses on treating individuals with a variety of different emotional, behavioral, and social problems or disorders. We are all aware that students are put under enormous pressure to study. rather than giving knowledge our education system lays stress on scoring. Majority of average students are unable to cope up breakdown leading to lots of maladaptive behaviour like truancy substance, abuse conduct problems, depression and psychosis in their most important phase of life (adolescence) when their potential and behaviour should be handled cautiously and channelised. A 'Counselling and Guidance Cell' has been established since 2014 in Room No. C106, C block with the objective to provide Health Care and Promotional Services. This cell provides personal attention to the students, faculty and staff. The cell also provides guidance to the students, faculty and staff to improve their overall personality and help them to meet challenges in their life. Professional counsellor is available for assistance in the Counselling cell. Some of the services are identifying the abilities of students and help them to develop it. Helping students to sort out and solve inter personal, educational and psychological issues. Ways of developing positive attitude to meet out the challenges. To help them to recognize their strength and overcome the weaknesses.

Co-ordinator: Dr. R.KANIMOZHI

Assistant Professor

Department of Electrical and Electronics Engineering

Anna University, BIT Campus Tiruchirappalli 620 024.

Email:kanimozhi_17@yahoo.com

Visiting Psychologists:

1. Mrs. S.Geetha, Psychologist , Aathma Hospital, Trichy
2. Mrs. D.Leema Peter,





Tamil Nadu, India

